



I Am Great And Capable Uganda (IGACU)

Empowering teen mothers, out-of-school girls, and young women through handcraft skilling and entrepreneurship.

+256 751 934 096 | www.igacuganda.org

The Problem

Across Uganda, thousands of girls and young women face compounding challenges that trap them in cycles of poverty and exclusion. Without education, skills, or income, their futures remain uncertain — and the consequences ripple across entire communities.

Unemployment & Poverty

High rates of joblessness among young women leave them without sustainable income, making economic independence nearly impossible to achieve.

Teenage Mothers Left Behind

Teen mothers are among the most vulnerable — often excluded from school and formal employment, with no clear pathway to self-sufficiency.

Textile Waste & Environment

Growing textile waste poses serious environmental challenges in communities where resources are already strained and recycling infrastructure is limited.

Early Marriages & Pregnancies

Cultural and economic pressures push young girls into early marriage and teenage pregnancy, cutting short their education and long-term potential.



Our Solution

IGACU delivers hands-on, holistic programming that combines practical skills training with community advocacy — giving young women the tools they need to build real, sustainable livelihoods.



Crochet & Creative Skills Training

Women learn to create beautiful, marketable handcrafted products — from bags and accessories to clothing — turning creativity into income.



Therapeutic Empowerment

Crochet serves as more than a skill — it is a meditative, confidence-building practice that supports mental well-being and emotional healing.



Upcycling Campaigns

Old and discarded clothing is transformed into new, fashionable apparel — reducing textile waste while generating economic value for participants.



School & Community Outreaches

Awareness campaigns in schools and communities actively challenge the norms that lead to early marriages and teenage pregnancies.

Impact So Far

Since our founding, IGACU has made measurable, meaningful change in the lives of young women across our communities. Each number represents a life transformed — a mother empowered, a skill learned, a future reimagined.

200+

Women Trained

Young women skilled in crochet and upcycling — and counting.

100s

Mothers Earning

Teenage mothers supported to generate their own sustainable income from handcrafted products.

1000s

Garments Repurposed

Items of clothing collected and creatively repurposed through our upcycling campaigns.

1

Growing Community

A thriving creative sisterhood — built on solidarity, craft, and shared ambition.



Market & Opportunity

IGACU operates at a powerful intersection — where **sustainable fashion**, **social impact**, and **youth empowerment** converge. The conditions have never been more favorable for scaling our work.

The Local Context

Uganda has one of the youngest and fastest-growing populations in the world. Unemployment among young women — especially teen mothers and school dropouts — remains critically high, creating urgent demand for accessible, income-generating skills programs like IGACU's.

The Global Tailwind

Consumer demand for handcrafted, eco-friendly, and ethically made products is surging worldwide. The global sustainable fashion market is growing rapidly, and IGACU's unique model — skilled artisans producing upcycled and crocheted goods — positions us to benefit directly from this trend.

The Strategic Edge

Few organizations combine livelihood training, environmental responsibility, and community advocacy as seamlessly as IGACU. We are uniquely positioned to grow both locally and reach international markets.

Our Products & Programs

Every item IGACU produces tells a story of skill, resilience, and creativity. Our trainees craft high-quality, market-ready products while building livelihoods for themselves and their families.



Crochet Bags & Accessories

Handcrafted clutches, shoulder bags, and accessories in vibrant colors — each one unique, made by skilled trainees.



Crocheted Apparel

Stylish, wearable dresses and tops crafted with precision — blending Ugandan creativity with contemporary fashion.



Home & Décor Items

Upcycled cushions, wall hangings, and home accessories that bring beauty and sustainability into everyday spaces.



Upcycled Fashion & Training

Denim bags, yarn products, and life skills training programs that build both craft excellence and personal confidence.

Business & Sustainability Model

IGACU is designed for long-term resilience. Our diversified revenue model ensures that programming continues even as we scale — drawing from multiple complementary income streams rather than relying on any single source.

Product Sales

Revenue from the direct sale of handcrafted crochet and upcycled goods, sold locally and increasingly to global markets.

Training Fees

Participants contribute affordable training fees, creating a self-sustaining cycle that funds future cohorts.

Commissions

A small commission from trainee sales channels back into organizational operations and program development.

Grants & Donations

Philanthropic funding, donor partnerships, CSR contributions, and institutional grants supplement and accelerate our impact.

Ethical Products

Services



What We Need

With funding of just **\$3,000 over five years**, IGACU can train **1,000+ girls and women** across Uganda — providing yarn, tools, trainer support, and the life-changing skills to go with them. Every dollar goes directly to programming.

S/ N	Item	Year 1	Year 2	Year 3	Year 4	Year 5
1	Yarn packs	\$300	\$300	\$300	\$300	\$300
2	Crochet hooks and needles	\$120	\$120	\$120	\$120	\$120
3	Scissors, measuring tapes, stitch markers	\$90	\$90	\$90	\$90	\$90
4	Trainer fee	\$90	\$90	\$90	\$90	\$90
	Total (5 years)	\$600	\$600	\$600	\$600	\$600

📌 Each year of funding reaches 250 beneficiaries — 1,000+ women over the full 5-year program for just \$3,000 total.

Our Team

IGACU is led by a passionate, experienced, and community-rooted team of women who believe deeply in the power of craft, entrepreneurship, and sisterhood to transform lives.



Prudence Uyungroth

Founder

Visionary leader and driving force behind IGACU, Prudence has dedicated her work to empowering the next generation of women entrepreneurs in Uganda.



Rhoda Cwinya-ai

Accountant

Rhoda oversees IGACU's financial integrity, ensuring every dollar is tracked, reported, and deployed for maximum community impact.



Adong Oliver

Social Worker & Creative Director

Adong bridges the worlds of community welfare and creative expression — shaping IGACU's programs to heal, inspire, and uplift.



Brenda Amarorwoth

Administrator

Brenda keeps IGACU running smoothly — coordinating programs, logistics, and partnerships with dedication and care.



Thank You

Together, we can transform lives.

We are deeply grateful to every supporter, donor, and partner who believes in IGACU's mission. Your generosity and trust make it possible for young women in Uganda to discover their strength, build their futures, and uplift their communities. This work would not exist without you — thank you for walking this journey with us.

+256 751 934 096 | www.igacuganda.org